Principal’s Report

School Council Elections

School Council Election time has come around again. School Council is made up of 8 elected parents, 5 staff positions and the option of 2 Co-opted Positions. Each year for half the parent & staff representatives, a two year term ends. We are therefore calling for nominations for parent representatives for Council. Of the 8 elected parent positions there are 4 parent positions vacant. The parent members whose elected term ends now are Paul Brophy, Vanessa Lyndon, Ruth Donaldson and Prue Armour.

This means there are 4 vacancies for which we can accept nominations. If you are interested and think you might like to be part of Council, please arrange to collect a Nomination Form from the school office, or ask for one to be emailed. Once the nomination form is completed, return it to the office within the time stated on the notice of election.
Information on School Council and how your involvement can make a real difference can be found later in this Newsletter.

Nomination & Election Timeline
- Monday Feb 13: Call for nominations
- Monday Feb 20: Nominations close at 4pm.
- Wednesday Feb 22: List of candidates displayed
- If an election is required
- Monday Feb 27: Distribute ballot papers by this date
- Tuesday March 7: Close of ballot, Count votes and declare the poll
- Wednesday March 15: A Special council meeting to co-opt Community members (the principal will preside) Then New Council meets to elect office bearers and first meeting.

Traffic & Student Safety
Could I also remind parents to use the school crossing at Campaspe Drive if you are crossing anywhere in the school zone. We have observed parents escorting students across the road not using the crossing when only a short distance away. Keep in mind we are always modelling behavior for our children and we need to be safe rather than take shortcuts.

A reminder too that for the safety of all students, parents (or grandparents) are not to park on the school site for pick-up or drop-off. The drop-off zone is the only place you can enter the site in the morning because it can be managed in a safe and orderly manner. Traffic is always a challenge but we need everyone to follow our parking policy and common sense for the safety of all students and parents.

Produce from the School Garden
Our organic vegetables and fruits are coming on stream now and we love to share them with the school community. There is a display in the office of the current produce available at very moderate prices.

Graeme Caudry - Principal

Parent Helpers in the Classroom Information Session

There will be a short information session on Tuesday 14th February at 9.00 in the school library for Foundation and Junior school parents who intend to volunteer as parent helpers in the classroom.

Deb Letson
Literacy Co-ordinator

School Photos NEXT THURSDAY February 16th
Please make sure your child’s Photo Order Envelope comes to school with them on Photo Day (even if not ordering a photo pack). If ordering, please enclose correct money as no change is given. Payment options are cash or credit card online – you are dealing directly with MSP Photography, so payment is not available through the school office. You can pay for all children in one envelope, but each child must have their own envelope on Photo Day.

Camps, Sports & Excursion Fund
This is a state government grant available to parents who hold a valid Healthcare or Centrelink card, and provides $125.00 per eligible child for payment of excursion, incursion, camp or other school activity expenses. It cannot be used for fees or uniforms. Application Forms are available from the office and we will need to take a copy of applicable Healthcare or Centrelink cards. To be eligible, parent cards must valid on 30/01/2017. Applications must be returned to school no later than February 23rd.

Telephone: 9725 1206  OSHC 9724 4514
Rubbish free lunch day is Monday! Please bring your food in containers, not wrappers to reduce rubbish going into landfill. The class with the best rubbish-free lunch score will win the globe for the week!

SCIENCE AT CHPS
Welcome back! We hope you have had a great first full week back at school! This year we are very excited that students will be having weekly 50-minute Science lessons with Mrs Kitching. Our Science room (formerly Multi-Purpose Room) is where the Science classes will take place each week. Each term, the students will learn about one of the four areas of Science. If you would like to know what your child is learning about, see our posters in the Eco tunnel or in the Term 1 level newsletters. Our Junior students will be having one semester of Science and one Semester of Indonesian (see below).

<table>
<thead>
<tr>
<th>Prep</th>
<th>Junior</th>
<th>Middle</th>
<th>Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biology</td>
<td>Earth and Space Science</td>
<td>Chemistry</td>
<td>Physical Science</td>
</tr>
<tr>
<td>“Growing Well”</td>
<td>“Up, Down and All Around”</td>
<td>“Material World”</td>
<td>“It’s electrifying!”</td>
</tr>
</tbody>
</table>

Here are some pictures of some of our Scientists at work!

Laura Kitching

Telephone: 9725 1206  OSHC 9724 4514
**Sports News**

**District Swimming Sports**
The Ringwood North District Swimming Carnival is being held on Monday, Feb 20th at the Tintern Schools Pool. I have spoken to all the children in Years 3 – 6 with regards to whether or not they think they are able to compete in this event. This is a reminder for those who are interested, could you please send me your times as soon as possible. At this stage we only have a couple of children who have shown interest. They will need to be able to swim 50m at a reasonable speed, as this is a race against other children from other schools who are usually trained squad swimmers. If your child is a very confident and a fast swimmer and can swim 50 metres, then this may be for them

**Interschool Sport**
Interschool Sport starts tomorrow, Feb10th. Each week the children will be playing at different venues, so please make sure that you are aware of where your child is playing. Venues are listed on the glass door to the Senior block entrance. I will also put a list of the venues in the newsletter each week.

This week the following teams will play at:

**CHPS**
Cricket
Teeball Boys
Teeball Girls
Basketball Boys
Basketball Girls

**Warranwood Primary School**
Hot Shots Tennis
Rounders Girls
Rounders Boys
Volleystars

Thank you to parents who are assisting the teams with scoring etc. We even had parents and grandparents from the Junior classes offer to assist if we didn’t have enough senior parents, which is fantastic.

**Sports Uniforms**
Thank you to those who have been reminding their children to wear their sports uniform to PE lessons. There are still a few girls however who are still wearing their dresses to PE. Could parents please be aware of the day their child has PE so their children can be dressed appropriately.

Noreen McMenaman - Sport / PE

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**Music News**

**Choir:** A meeting for all students in Years 3-6 who are interested in joining the Choir, will be held at lunchtime on Wednesday February 15th in the PAC. Commitment and expectations will be discussed and contracts will be handed out. Contracts will need to be returned by the first rehearsal, at lunchtime on Wednesday February 22nd and rehearsals will continue on Wednesday lunchtimes and Thursdays before school until the end of the year.

**iPad/Marimba/Ukulele/Steel Drum Band:** This band is being renamed using its acronym and will be called the iMUS band this year. A meeting for all students in Years 3-6, interested in joining the iMUS band, will be held at lunchtime on Thursday February 16th in the PAC. Commitment and expectations will be discussed, as well as the preferred instrument of each child. Students who miss two rehearsals in a row due to unexplained absences will be removed from the group. Rehearsals will begin lunchtime Thursday February 23rd and continue for the rest of the year. Senior students who are training for inter-school sports during Thursday lunchtimes will have the opportunity to join the iMUS band in Term 3.

Amana Tweedie - Performing Arts

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**Canteen News**

**SHROVE TUESDAY/PANCAKE DAY – 28th FEBRUARY 2017**

Order forms have been distributed today and are due back with payment by 3pm Thursday 23/2 or alternatively, it can be ordered online via the Flexischools website.
2017 CANTEEN MENU
A new pricelist (effective Feb 2017) has been distributed today to all students. Please note **Salad packs are no longer available to order on a Friday** due to the large volume of orders and limited volunteers.

FLEXISCHOOLS ONLINE ORDERING
This service is available from Monday to Friday via the Flexischools website. Lunch orders can be placed online until 9am each day, we are however trialling a “late orders menu” which is a very limited menu and will be open for 1 hour from 9am -10am. This option is solely for emergencies and **not for regular lunch orders**. Please **plan ahead and place orders early**. Due to limited help we would not be able to accommodate a large volume of late orders. **Please Note** – Sustainable Bags are NOT suitable for online ordering. A paper bag will be provided.

MONDAYS – ONLINE ORDERS ONLY
Please note the canteen is open 5 days per week. **ALL** orders placed for Mondays must be done online via the Flexischools website, no manual orders will be accepted.

**MONDAY MEAL DEALS** (only available via online ordering till 9am)
- **Mini Meal Deal** - $4.00
  Small Cheesy mite Scroll from Bakers Delight, Oak Flavoured Milk and Anzac cookie.
- **Mega Meal Deal** - $5.50
  Wedges with sour cream or tomato sauce, Oak Flavoured Milk and Anzac Cookie.

AFTERSCHOOL SALES
The Canteen will be open Tuesday to Friday afterschool for sales of frozen items and drinks only from 3.30-3.45 for the remainder of Term.1.

CLEARANCE
Banana Paddle Pops and Tropical Paddle pop with real Yoghurt $1.00!!!! While stocks last.

ROSTER
Friday 10th February – Fran Tadich, Briony Cossar.
Karen Cyster - Canteen Manager

Uniform News
2016 Uniform Shop Opening Hours:
Monday 8.30am to 10am
Thursday 2.30pm to 4pm
Orders can be placed any day through FlexiSchools.com.au. Your order will be processed during normal opening hours and delivered home via your child’s classroom.
Order Forms can also be left at the office.
Orders and enquiries can be made by phoning the Uniform Shop during our opening hours.
All orders will be sent to your child’s classroom, unless otherwise specified.

Anissa Silver - Manager

Mia’s Message Board:
Parenting Courses for the good of the future
I am a parenting course advocate because they always offer something that will help improve your relationship with your family members. The general view taken by the public is that parenting courses are for ‘bad parents’. This is such an unhelpful view. Parenting courses focus on teaching a specific set of skills that child development research tells us we need for the good of society. **BUGK (Bringing up Great Kids) is a reputable and well known Parenting Course**, see flyer below for details.

Neuroscience and research on perinatal and child development over the last 20 years has given incredible insight into what is needed for the optimal wellbeing of a child. In other words, we know so much more about what harms and helps raise the future generation.

**Why does effective parenting matter? – Perceptions of Parenting 2016** makes these very important points;

- **Parenting influences wellbeing and shapes development** - Parents are typically the primary shapers of a broad range of developmental outcomes for children. These include children’s confidence, resilience and physical and mental health; their capacity for self-regulation and empathy towards others; their academic and eventual
Parenting influences social, economic and health outcomes at individual and social levels - Parental effectiveness has important social, economic and public health implications for Australia across a broad range of indicators. Poor parenting can contribute to substance abuse, involvement with the criminal justice system, mental and physical health challenges and welfare dependence, all of which have substantial personal costs as well as shared costs for communities, states and the nation. When people struggle as parents to a degree that compromises a child’s healthy development, all Australians bear the cost.

Parenting affects family, civic and community life - The quality of family, civic and community life now and in the future depends on the capabilities and wellbeing of families and forthcoming generations of Australians. In that vein, helping parents raise their children to become sound, productive and civic-minded people who engage and participate is an investment in Australian civil society.

How do you know if you are parenting effectively? (Mia’s points of reflection only)

- You feel a sense of calm and enjoyment around your child (most of the time)
- The balance of power is shared between you and your child, they can talk to you and feel that things are ‘fair’ (most of the time)
- They can function pretty well in the school environment in regards to learning and socialising
- They can regulate their emotions

Mia Sartori - Student Welfare Officer

CHAPS NEWS

CHAPS officially would like to welcome everyone to the new 2017 school year. This year we have some new members on the committee and have a clear focus of ‘community’ for 2017. For those who are not familiar with the CHAPS (Croydon Hills Association of Parent’s), we are simply parents of the school who come together with one common goal - to make our child/ren’s primary school years as fulfilling as possible. We accomplish this by working together, sharing ideas and offering support where we can.

CHAPS 2017 GOAL - a year of community.

Being a part of CHAPS also means you have the opportunity to meet other parents, teachers, principals and invited guests, to find out the ‘ins and outs’ of what is happening at school, and the programs they run. We also get a comprehensive principal’s report at each meeting.

What do we do at CHAPS?

We DO fundraise.
We SUPPORT in-school activities/events.
We ENCOURAGE working together.

We always welcome new member to CHAPS, and we wish to formally invite you to attend our first official meeting of 2017, on February 13th at 7.30pm in the Staffroom. Mia (our student welfare officer) and a representative from ‘The Fathering Project’ will also be in attendance. At this meeting we will be sharing ideas, discussing and setting dates for impending activities throughout the year.

Drinks and nibbles provided. We look forward to seeing you there!
If you are unable to attend, but would like to keep updated via email, please contact our President Janine Wilson at chaps@croydonhps.vic.edu.au, A membership application form is included in this Newsletter, or ask at the school office.

Jess Allison – CHAPS Secretary
chaps@croydonhps.vic.edu.au

The chickens are back at CHPS!

If you would like to purchase some of our freshly laid eggs at our school office, just ask some of our friendly office staff!
(Although it might take a while to build up supplies.)
Thank you 😊
Meet the 2017 Junior School Council

Oliver - JSY  Alex - JJC  Ashton - MRT  Tyler - MAP  Sophie - MBB/MFP

Tiah - MJM  Lily - MTC  Thomas - JBJ  Ashley - JKL  Reagan - MDG


**Birthdays this week....**

Tuesday 7th February
Tommy SLD

Yesterday
Julia PCV, Evie PKK and Danika MFP

Tomorrow
Miranda PKK
Kobey JJC

**Saturday 11th**
Kaden JBJ, Matty MAP & Spencer MDG

**Fun Fact at CHPS**
This year we have 29 classes. We have 323 boys and 354 girls for a total of 677 wonderful students!!

**Congratulations!!!!**
CROYDON HILLS ASSOCIATION OF PARENTS (CHAPS)

2017 MEMBERSHIP APPLICATION

Name: .............................................................................................................

Phone No: ........................................ Mobile No: ...................................................

Address: ............................................................................................................

......................................................................................................................... Postcode: ..................

E-mail: ..............................................................................................................

(please provide if you wish to receive Minutes and e-mail updates of CHAPS events)

Children ............................................................................................................

.........................................................................................................................

.........................................................................................................................

Class ..................................................................................................................

.........................................................................................................................

.........................................................................................................................

Membership Category (please tick)

☐ Financial (this includes voting rights)
  Cost: $1.00 per annum

☐ Non-financial (no voting rights, but still an active member)
  No cost

I am interested in being involved with CHAPS in the following ways:

☐ Being involved in the school community

☐ Attending CHAPS meetings

☐ Being involved with fundraising

☐ Assisting with morning teas/Mother's & Father's Day Stalls

☐ Assisting with the preparations for CHAPS fete

☐ Assisting with other CHAPS activities

Please return your complete form and payment to the office.
For any enquiries please contact Janine Wilson (CHAPS president) 0405 500 672
Read Aloud. Change the World.

Celebrate World Read Aloud Day by reading aloud and taking action on behalf of the 758 million people who cannot read.

Use all or parts of this easy guide to create a joyful celebration in your home, school, office or community leading up to the big day, and on February 16, 2017.

Join a global community of reading advocates using LitWorld’s free resources!

Take things to the next level by participating in LitWorld’s World Read Aloud Day countdown between January 1 and February 16.

Apply LitWorld’s suggested discussion prompts to books you love, or use our resources to select new books and plan special activities for the countdown and for the big day on Thursday, February 16!

Visit litworld.org/wrad to register to participate, check out LitWorld’s free resources, and learn more!
Croydon Hills Primary School

School Council Election 2017 - Information for Parents

What is a school council and what does it do?

All government schools in Victoria have a school council. They are legally constituted bodies that are given powers to set the key directions of a school within statewide guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides for its students.

Who is on the school council?

For most school councils, there are three possible categories of membership:

- A mandated elected Parent category - more than one-third of the total members must be from this category. Department of Education and Training (DET) employees can be Parent members at their child's school as long as they are not engaged in work at the school.

- A mandated elected DET employee category - members of this category may make up no more than one-third of the total membership of school council. The principal of the school is automatically one of these members.

- An optional Community member category - members are coopted by a decision of the council because of their special skills, interests or experiences. DET employees are not eligible to be Community members.

Generally, the term of office for all members is two years. The term of office of half the members expires each year, creating vacancies for the annual school council elections.

Why is Parent membership so important?

Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school.

Those parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

How can you become involved?

The most obvious way is to vote in the elections, which are held in Term 1 each year. However, ballots are only held if more people nominate as candidates than there are positions vacant.

In view of this, you might seriously consider

- standing for election as a member of the school council

Do I need special experience to be on a school council?

No. What you do need is an interest in your child's school and the desire to work in partnership with others to help shape the school's future.

What do you need to do to stand for election?

The principal will issue a Notice of Election and Call for Nominations following the commencement of Term 1 each year. All school council elections must be completed by the end of March unless the usual time line has been varied by the Minister.

If you decide to stand for election, you can arrange for someone to nominate you as a candidate or you can nominate yourself in the Parent category.

DET employees whose child is enrolled in a school in which they are not engaged in work are eligible to nominate for parent membership of the school council at that school.

Once the nomination form is completed, return it to the principal within the time stated on the Notice of Election. You will receive a Nomination Form Receipt in the mail following the receipt of your completed nomination.

Generally, if there are more nominations received than there are vacancies on council, a ballot will be conducted during the two weeks after the call for nominations has closed.

Remember

- Ask at the school for help if you would like to stand for election and are not sure what to do
- Consider standing for election to council this year
- Be sure to vote in the elections.

Contact the principal for further information.
UNIFORM POLICY

Rationale
- To develop a sense of pride and identification with the Croydon Hills Primary School
- To maintain and enhance the positive image of the school in the community.
- To eliminate social and economic pressure to wear less appropriate clothing.

Policy Statement
The wearing of school uniform instils recognition of belonging to the school community.

Implementation
1. The wearing of school uniform is compulsory. See Appendix 1 for Student Dress Code
2. The uniform comprises a range of options as determined by School Council and the uniform sub committee in close consultation with the school community.
3. The student Dress Code including details of uniform items and time and place of purchase will be published in the school newsletter.
4. The student Dress Code applies during school hours, while travelling to and from school and when students are on school excursions.
5. Refunds/exchanges will be given for items purchased at the uniform shop as long as the uniform items have not been worn or washed. Proof of purchase is required.
6. The only headwear acceptable is the Sunsmart Hats which have been deemed compliant with the school's Sunsmart Policy.
7. The only acceptable jewellery is stud earrings (subdued colours) and small sleepers in the ears and watches. SOS items can also be worn.
8. Natural hair colours only at school.
9. Hair ties, ribbons and clips must be red, navy blue or white.
10. Cosmetics/Nail Polish are not to be worn to school.
11. Students are permitted to wear a scarf or gloves as part of the winter uniform. These items must be plain navy blue or red and are not to be worn in class.
12. The Dress Code will be displayed in the school with details of uniform items and cost of purchase and will also be available on the Croydon Hills Primary School website.
13. Second hand uniform in good condition will be sold through the school uniform swap shop. See Appendix 2
14. The wearing of school uniform is optional on designated free dress days. Clothes worn on these days must be in line with our Sunsmart Policy. Covered footwear must also be worn and clothes with inappropriate slogans or images are not permissible.
15. Special Year 6 uniform items as defined by the school are available to Year 6 students only to be worn during their year 6 time at the school.
16. Parents may seek exemptions to the Dress Code due to religious beliefs, ethnic or cultural background, student disability or health condition by applying in writing to the Principal.
17. Parents must notify the school in writing if their child is not able to wear school uniform on a particular day.
18. Students are required to have at school a pair of non marking sole sports shoes for stadium use.

References
Croydon Hills Primary School Dress Code, Second Hand Uniform guidelines and Sunsmart Policy

Review
This Uniform Policy is to be reviewed as part of the school’s cyclic process

Croydon Hills Primary School

Appendix 1

DRESS CODE

<table>
<thead>
<tr>
<th>GIRLS</th>
<th>BOYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>School Summer Dress - blue/white/red check, white collar &amp; cuffs and blue piping</td>
<td>Shorts - plain navy. No cargo or basketball shorts.</td>
</tr>
<tr>
<td>Shorts - plain navy</td>
<td>Red Polo - short or long sleeve (preferred with school logo)</td>
</tr>
<tr>
<td>Skirts - plain navy</td>
<td>Navy Windcheater, Polar Fleece Jacket or Bomber Jacket</td>
</tr>
<tr>
<td>Red Polo - short or long sleeve (preferred with school logo)</td>
<td>Trackpants (fleecy) cuffed or straight leg - plain or reinforced knee - all navy</td>
</tr>
<tr>
<td>Navy Windcheater, Polar Fleece Jacket or Cardigan</td>
<td></td>
</tr>
</tbody>
</table>

Telephone: 9725 1206 OSHC 9724 4514
### Telephone
- Trackpants (fleecy) or straight leg/boot leg pants – all navy
- Winter school tartan skirt or pinafore worn with school polo or red or navy skivvy
- Red or navy skivvy
- Navy tights with winter uniform only
- Socks - white or navy long or ankle socks
- Shoes - black school shoes or black or predominantly white runners. Non-marking soled runners for use in stadium
- Hat (Sun Smart) - plain navy wide brimmed
- Art Smock with waterproof front
- Rain Jacket (optional) - plain navy
- Scarves (optional) - red or navy only
- Hair Ties, Ribbons, Clips and Head Bands - red, navy blue or white only
- Earrings – studs or small sleepers in ears only (neutral colours only)
- Other Jewellery – watches or SOS items only

### Other Items available from the Uniform Shop
- School Bag
- Communication Satchel
- Library Bag and bag to store spare shoes for stadium use
- Reusable lunch order bags
- Art Smocks
- Hair Accessories

### CONSEQUENCES OF BEING OUT OF UNIFORM
1. Note sent to parents to inform them that their child is out of uniform.
2. Parents contacted if child is out of uniform consistently.

### Uniform Policy
- **Ratified – October 2013**

## SECONDHAND UNIFORM GUIDELINES

Croydon Hills Primary School and its community are proud of our student uniform. It reinforces student’s pride in their appearance, instills recognition of themselves as an integral part of the school community and assists on developing pride in representing their school. It promotes equality and group security whilst providing appropriate safe dress for the various school activities.

Our Uniform Shop at Croydon Hills Primary School is run by Annissa Silver, Coordinator and volunteers from our school community. The shop is open each Monday 8.30 - 10am and Thursday 2.30 - 4pm with additional hours as required.

As part of the Croydon Hills Primary School Uniform shop we offer parents the opportunity to purchase second hand uniforms and resell their CHPS uniforms which their child may have outgrown or no longer use. This can be done through the notice board in the uniform shop.

If you wish to donate your second hand uniform through the Uniform Shop the following conditions must be adhered to:
- The item needs to be clean and freshly laundered
- The item needs to be free of stains, patches and holes
- The item needs to be the approved school brand
- The item needs to be in saleable condition (no holes, rips, zippers in working order)

The prices are set dependent on the condition of the items. Any uniform item not suitable for resale, will be passed onto an appropriate charity or the school wet weather cupboard.

Please note that there is ‘no exchange’ or ‘refund’ of secondhand items after they have been purchased.
Dear Parents,

The wearing of school uniform promotes a sense of community spirit and pride in the school. The wearing of school uniform is compulsory at Croydon Hills Primary School in accordance with DET regulations.

Croydon Hills uniform consists of navy shorts, skorts, pants or track pants, red T-shirts with a collar, navy windcheater and approved hats which are navy and wide brimmed. The summer uniform for girls is a red/blue/white check dress or navy shorts with red T shirt, the winter uniform is a tartan pinafore or skirt or navy track pants. Navy tights can only be worn with the winter pinafore or skirt. Year 6 children have a special Graduation windcheater and polo navy top, which they may wear; we do not allow younger siblings to wear these Graduation windcheaters from previous years.

The only acceptable jewellery is watches, stud earrings and sleepers in the ears.

Make up and nail polish are not allowed.

Students should have their natural hair colour. If headbands are worn they should be red, navy or white.

If for some reason your child is sent to school out of uniform for the day, please send a note to the class teacher.

We appreciate your support of our Uniform Policy and the promotion of community pride in our school.

Today, your child was not wearing the approved school uniform. Could you rectify this as soon as possible.

Please return slip signed to Carol Wyatt

_________________________________________________________________

I have spoken with my child ___________________________ and they are in approved uniform today.

Signed ________________________ Date ________________________
Croydon City Arrows
Registration Day
Feb 12th 10 - 2pm
5 - 18 Y/O Boys and Girls

CSASC Dorset Recreational Reserve

For any enquirers contact:
Taylor Tate
secretary@crobydoncitysc.org.au

Ringwood
PINK STUMPS DAY

You are invited to join us for high tea to raise awareness regarding Breast Cancer

Saturday 11th February, 2017
2.00pm to 5.00pm
Croydon North Cricket Club Function Room
Hughes Park, Maroondah Highway, Croydon North 3138

Speakers:
Dr Katrina Read - Breast Surgeon
Ms Kylie Armstrong - Breast Cancer survivor
Ms Tracey Moroney - Breast Cancer Support Nurse

Tickets - $35
The day includes:
High Tea, a complimentary pink drink on arrival, draw bag and raffle prizes.

RSVP to Isabel
on 9876 4381 or Isabel.barnes@healthscope.com.au
by Friday 3rd February.

All funds raised will be donated for Breast Cancer Research

Jeremy Santon is a successful entrepreneur, well recognised for developing the exercise program “Time 2 Train” for people on the Autism Spectrum (ASD). He is also an adult living with Asperger’s, as such he understands “the frustrations and behaviour of people with ASD. I know how important it is to promote independence through positive reinforcement”.

Navigating the Social Puzzle for ASD
Thursday 23 March, 7pm – 8.30pm $20
Jeremy offers a personal insight into why teens and adults with ASD/Asperger’s struggle in environments that require a level of social activity. Discover what can be done to assist individuals to cope better in group situations and the importance of positive mentors to aid growth and independence.

Intervention Therapy - The LUPE Program
Thursday 16 March, 7pm – 8.30pm $20
The LUPE Program (learn, understand, practice, experience) was developed by Jeremy to help individuals on the spectrum in all areas of their life including social interaction, self-awareness and communication. Learn how this program can be used as an intervention therapy to help integrate teens and adults better into the community.

Anxiety in Children
Thursday 2 March, 7pm – 8.30pm $20
How do we recognize anxiety in children? Behaviours are often present as tannums, multi-tasking, aggression or clinginess. When children are under the influence of an anxious brain, they are NOT trying to push boundaries, rather their brain is geared to “high alert”. The “flight/fight” response that is part of human evolution can be scary when it is not understood. Jennifer will help you to recognize anxiety early before it becomes problematic.

www.parkorchards.org.au
9876 4381
Park Orchards Community House & Learning Centre

Don’t miss out!
Bookings can be made via our website or over the phone.

Telephone: 9725 1206  OSHC 9724 4514
NORWOOD JFC
REGISTRATION & FAMILY DAY

Sunday 19th February
11:00 till 2:00
Mullum Reserve, Mullum Mullum
Road Ringwood

ALL AGE GROUPS WELCOME
U8-U17 Boys & Girls

MERCHANDISE
SAUSAGE SIZZLE

MEET YOUR COACH 2017
Onsite Dental Mouthguard Fittings

NORWOOD

For more information contact
Debbie Morton (0400) 714 782 or
Graham Hewitt (0428) 327 794

Wonga Park Scout Group
Join the adventure

Come and try free
first two weeks

Joey Scouts: 6 – 8 years old
Meet: Thursday 5.45pm – 6.45pm

Cub Scouts: 7.5 – 11 year olds.
Meet: Tuesday 7.30pm

Scouts: 11 – 15 years old.
Meet: Thursday 7 – 9.00pm

Venue: 68 Vara and Dawes Road, Wonga Park 3115
Contact: Julie D’Amore
Ph: 0472 522 927

gl.wongapark1st@vicscouts.asn.au

Get the Winning Edge
Champions in life and martial arts

• 4 weeks unlimited training for
Only $39.95 PLUS uniform.

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We are a family school. Teaching many different martial arts programs from ages 3+. Including traditional Karate, Mixed Martial Arts, Kickboxing and Weaponry.

Our programs teach anti-bullying strategies, build confidence and increase fitness and co ordination, encourage respect and discipline and teach safety awareness all in a fun, safe and friendly environment.

www.edgemartialarts.com.au

*New members only. Offer ends 28th February

PIANO LESSONS
JACK ANDERSON
INFO
• Year 12 student looking for enthusiastic future pianists (beginners or those wishing to begin AMEB Grades).
• Looking for students ranging from early primary school to early high school ages.
• Located in Greenvale.
• Lessons spaces available on Friday afternoons.
• $25 per 30 minute lesson.

EXPERIENCE
• Currently studying Grade 8 classical piano and VCE Units 3 and 4 music performance in piano.
• 10 years of learning and performing experience.
• 2 years Leadership experience of Under 9’s and 14’s community sporting teams.

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