Principal’s Report

Many of our Middle and Senior students had a great day on Tuesday at the District Athletics Sports. The students have been training for many weeks in the various disciplines which make up athletics. Coming just after the Olympics, it is wonderful to see our students participating in activities which have such a strong pathway for the future should they decide to continue. Well done to everyone who persisted in the on-again-off-again rain, to do their best on the day. The results were excellent, but it is more important to see our team doing their best in the circumstances with good sportsperson-like behavior. Thanks so much to Noreen McMenaman and the other staff who assisted in the many, many training sessions during and after school which enabled our students to be so well prepared.
We are looking forward to hosting the **AFL Roadshow** on Monday. It will be a fun day for all students. Students are welcome come in their footy team colours for the day.

**Fathers’ Day**

We are looking forward to hosting the annual Fathers’ Day Breakfast for our Foundation students tomorrow morning.

Thanks to CHAPS for making the Fathers’ Day Stall available for our students to purchase a small gift for dad on his special day on Sunday.

Please note that there is information later in the newsletter with a variation of supervised crossing times on Campaspe Drive & Plymouth Rd. The changes to some crossing times commence next term.

*Graeme Caudry - Principal*

**Vacation Care**

Places in our September Vacation Care Program are filling fast. Visit the Out of School Hours Care page on our website to see the program and download an Application Form and return it quickly to ensure your place.

**Corrie is going on holiday!**

Our much-loved Campaspe Drive crossing supervisor, Corrie, is returning to her birthplace this month with her sons, to visit her old family farm in Namibia. Corrie will be absent from her post from September 13th, returning in early November. We all hope you have a wonderful trip, Corrie and very much look forward to welcoming you back in the middle of Term 4!

---

**Congratulations to the following classes, who have been awarded as the Rubbish Free Lunch winners this term!**

*JBJ*
*MKU*
*JJM*

**Reminder: every Monday is Rubbish Free Lunch Day! Tip: Instead of buying individual packets, buy in bulk and use reusable containers. It is cheaper and more sustainable. You can also recycle the tub on the left, but not the squeeze packet on the right.**

<table>
<thead>
<tr>
<th>1kg=53.60</th>
<th>70g=80c</th>
</tr>
</thead>
<tbody>
<tr>
<td>This tub has 14 servings of 70g</td>
<td>This packet has one serving 70g</td>
</tr>
<tr>
<td>Each serving works out to be 25 cents</td>
<td>Each serving works out to be 80c – that’s more than 3 times more expensive!</td>
</tr>
</tbody>
</table>

Telephone: 9725 1206  
OSH  C 9724 4514
Sports News

District Athletics Sports

Congratulations to all the students who attended the District Athletics Sports. After many weeks of training during recess, lunch and after school, the students were finally able to showcase their skills in the different events. Well done to all the students who came 1st, 2nd or 3rd in their individual event, relay or ball games event. Congratulations to all our Tunnelball and Crossball teams who have now won the Ball games Trophy for the 11th year in a row. Thank you also to the teachers who took it in turns to train these teams.

We also won the overall Aggregate Trophy. We had so many students do very well in the field events and some great results in the track events, which all earned us points towards this trophy, so it was a wonderful result all round.

Also congratulations to all the students on their behaviour on the day and thank you to the staff that stayed with them and made sure they got to their events on time. The following students have qualified and will be competing in the Division Competition:

Chole C – 10 yr girls 100m
Ruby P – 10 yr girls High Jump
Jasmine D – 10 yr girls Discus
Damon S – 11 yr boys Long Jump
Noah B – 11 yr Boys Triple Jump
Nick H – 11 yr Boys Shot Put
Bella S – 11 Yr girls Hurdles
Ella S – 11 yr girls Triple Jump
4 x 100 11 yr girls Relay – Stella S, Karishma M, Ella B, Bella S.
Jack G – 12 yr boys Discus
Marie M – 12 girls 100m
Chloe M – 12 yr girls Hurdles

Other results on the day:
12 Yr Tunnelball – 2nd
11 Yr Tunnelball – 1st
10 Yr Tunnelball – 1st
12 Yr Crossball – 1st
11 yr crossball – 1st
10 Yr Crossball – 1st
Shuttle Relay 11 yr 1st
Shuttle Relay 10 yr 1st

Congratulations to all the other students who came 2nd or 3rd and to all those who may have missed a ribbon, but had a lot of fun and a great experience.

Girls Football Gala Day

Our two Girls Football teams will be participating in another Gala Day next Tuesday, September 6th. This time it will be against other schools in our area in the Maroondah Division. We hope they have a fantastic time.

Noreen McMenaman - Sport/PE

Library News

The last Golden Ticket Winner!

Congratulations to Chelsea L from MKU who borrowed ‘1000 Q & A’ and won a Golden Ticket. Even though only five of the six tickets have been found, the time has expired and the competition is over. The book that was not borrowed in time was ‘Jim Nasium is a Hockey Hazard’. It is shelved in the Easy Fiction section of the library.

Prizes will be given out at assembly next week.

Sue Offer
FOOTY DAY – THURSDAY 15th SEPTEMBER
Order forms have been distributed and are due back by 3pm Friday 9th September. Alternatively, it can be ordered online via Flexischools. No late orders. No other lunch orders available on the day. PLEASE NOTE, THIS IS NOT A FREE DRESS DAY.

MONDAY ORDERS
All lunch orders must be placed online on Mondays via the Flexischools website. A basic lunch of a cheese sandwich will supplied for any manual orders sent in.

WHAT'S NEW?
Finding Dory Ice Cream - $2.00_Bubblegum & Vanilla Ice Cream, free from artificial flavours.
Mega Choc Chip Cookie – 80c
Mega White Choc Chip Cookie – 80c
Oak Caramel Flavoured Milk (UHT) - $1.50

CLEARANCE
Tropical Paddle pop with real Yoghurt $1.00!!!! While stocks last.

WARM MILOS - $1.50
During the cooler months, we will be offering a warm milo with a homemade cookie at recess only for $1.50. Milo’s pre ordered on a lunch order will be made and ready for collection at the start of recess. Students must come to the canteen to collect at recess only.

MONDAY MEAL DEALS (only available via online ordering)
Mini Meal Deal - $4.00
Small Cheesy mite Scroll from Bakers Delight, Oak Flavoured Milk and 2 homemade cookies
Mega Meal Deal - $5.50
Wedges with sour cream or tomato sauce, Oak Flavoured Milk and 2 homemade cookies. Subject to availability.

ROSTER
Friday 2nd September – Sharron Savage, Narelle Collins, Lia Biasuzzo, Lenni Pennicott.
Friday 9th September – Kati Wilkins, Kylie Van Roosmalen.
Karen Cyster - Canteen Manager

Uniform News
2016 Uniform Shop Opening Hours:
Monday 8.30am to 10am
Thursday 2.30pm to 4pm
Orders can be placed any day through FlexiSchools.com.au. Your order will be processed during normal opening hours and delivered home via your child’s classroom.
Order Forms can also be left at the office.
Orders and enquiries can be made by phoning the Uniform Shop during our opening hours.
All orders will be sent to your child’s classroom, unless otherwise specified.
Anissa Silver - Manager

School Banking News
Hey there bankers!
Don't forget the Term 3 Banking Competition.........
There are heaps of prizes to be won!
-200 magazine packs, 90 instant cameras and 50 camping kits.
To enter, simply bank 3 times at School this term. It's as easy as that!
Oh but wait, there's more!
In addition to banking 3 times this term, also complete the fun activity on www.commbank.com.au/prizelights for a chance to win ONE OF 50 PLAYSTATIONS 4s!!!!
Remember, there is no minimum deposit – even a single coin will do!
Happy Banking and Good Luck!

No Banking
Please be advised that there will be no school banking in the last week of term (week beginning 12/9), due to our volunteers being unavailable.
We appreciate your understanding and look forward to kicking off again in Term 4.
Prue & Nat - School Banking Co-ordinators
How to support and develop your child’s social skills

The seminar on Thursday night was very enlightening and gave parents explicit advice on what helps and hinders your child’s social and emotional growth. One of the key messages in the seminar was Reflective Listening. Read on to learn how it is done and what it achieves.

Give emotional support through reflective listening – by Georgina Manning

Children need at least one person in their life that truly understands how they are feeling. Giving emotional support starts with effective listening where we truly hear and understand how a situation is, how they are feeling and how it is impacting on them. Often we are quick to step in and offer solutions to help comfort but what children really need is to know that you understand, regardless of whether we agree with what they are saying or regardless of the situation.

Research shows that just helping children to label an emotion is enough to lessen the stress response and decrease anxiety. So how do we do reflective listening? When your child talks to you about something, truly listen to what they are saying without jumping in with advice, comments, solutions and judgements and our emotional reactions. Keep your own perception around the issue separate and just hear what they are saying and listen out for the emotion they are expressing. Keeping your own emotions in check is so important, as this is about the child and their feelings.

Reflect back what they have said but summarising the content and the emotion e.g. ‘so you had a really tough day today and you felt really hurt by your friends.’ Children will soon let you know if this summary is in the ball park of how they are feeling and what happened. Don’t worry about getting it all right, it’s the intent that counts. Children know when parents are really listening and trying to understand their situation.

Once you reflect back how they felt and what happened, then they will most likely share more of what they feel and what happened. This can be a real challenge for parents, as it’s so easy to fall into the trap of problem solving for children to ease their pain, however to ease emotional suffering children need to first express their feelings in the arms of someone who cares. Once all feelings are expressed, then it’s time to help children solve the problem (if there is something to be solved) and this can be done by encourage them to develop effective problem solving skills to build their resilience.

When parents step in and start to ask questions and try to ‘investigate’ what is happening in their children’s lives, we can probably guarantee they will shut down and be hesitant to share. It is easy for parents to become emotional and start asking all sorts of questions in an attempt to solve their children’s distress, however their child’s distress will not be heard or comforted as the conversation quickly becomes about the parents emotions, rather than staying focused on the child’s emotional support. Children really hate it when parents start asking direct questions and can sense parent’s anxiety in seconds and it doesn’t take long for children to shut down and stop talking.

When using the reflective listening technique, parents can see how easily their child will open up and share their feelings, share their day, share their worries and share their friendship issues. When a parent just reflects back what the child is saying and is not focused on their own anxieties and questions, children just keep on opening up and most importantly feel supported. As hard as it is, one of the most important skills we can learn as a parent, is to keep calm when our children are upset, and just be a comfort to them.

Mia Sartori - Student Welfare Officer

CHAPS NEWS

CHAPS would like to wish all our Dads a very Happy Fathers’ Day for Sunday. Thank you to the following people for helping at the Fathers’ Day Stall; Robyn Gatt, Nikky Edwards, Natalie Wilson, Amy Langelaan, Vanessa Lyndon, Belinda Blashki, Leanne Crome, Leslie Clarke, Meha Babu and Meredith Nims. An extra special thank you to Kylie van Roosmalen and Justine Wratten for running the stall and organising the gifts this year.

The Chirnside Park School Rewards Program launches today. There is an opportunity for our school to win a share in a $10,000 prize pool. This program runs from the 1st of September until the 19th of October. Shoppers are also eligible to win weekly prizes. All you need to do to participate is shop at Chirnside Park and keep your receipt. Once you get home just log on to www.chirnsidepark.com.au to register and load your receipts. More information will be sent home to families today.

Bookings for our Sweet Light Photography fundraiser are open now. The sitting fee is only $30 and 100% of the fee goes to the school! Photo packages start at $50 which makes it a very affordable Christmas present. Check out compass for more information and book using the form below.

<table>
<thead>
<tr>
<th>CHAPS Calendar of Events</th>
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</thead>
</table>

Telephone: 9725 1206   OSHC 9724 4514
Feeling community minded? Why not sign up for CHAPS. Forms are available from the school office or by emailing CHAPS at chaps@croydonhps.vic.edu.au

Sally Harley – CHAPS Communication Co-ordinator
chaps@croydonhps.vic.edu.au

16 weeks till Christmas! Get started on your gift list with our Term 3 Fundraiser! Book a family/kids session at school with Sweet Light Photography for only $30 on the weekend of 10th/11th September. Photography packages start at $50. Book at the office or email CHAPS at chaps@croydonhps.vic.edu.au.

Sweet Light Photography - TERM 3 CHAPS FUNDRAISER

<table>
<thead>
<tr>
<th>Name:</th>
<th>Childs Name:</th>
<th>Class:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Email:</td>
<td>Contact Number:</td>
<td></td>
</tr>
</tbody>
</table>

**Preferred Date - Please indicate preference:**
- Saturday 10th Sept
- Sunday 11th Sept

**Preferred Time - Please indicate 3 time preferences (time allocated will be confirmed)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Saturday 10th Sept</th>
<th>Sunday 11th Sept</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.30am</td>
<td>10.00am</td>
<td>11.00am</td>
</tr>
<tr>
<td>1.00pm</td>
<td>1.30pm</td>
<td>12.00pm</td>
</tr>
</tbody>
</table>

$30 Sitting Fee Payment Method* (enclosed): Cash Cheque Credit Card (below)

Expiry Date: Credit Card No:

*Payment must accompany booking. Booking date & time will be confirmed by 5th September.

Monday 5th September @ 7pm
CHAPS Monthly Meeting in the Conference room. All parents invited.

10th and 11th of September
Sweet Light Photography Term 3 Fundraiser
Music News

Everyone is getting excited with only one week to go. Don’t forget to check out the State Schools Spectacular Facebook page to see up to date photos and news.

IMPORTANT INFORMATION

CHANGES TO OPERATING HOURS OF FLAG OPERATED CHILDREN’S CROSSING ON CAMPASPE DV, CROYDON HILLS

At the start of Term 4, 3 Oct 2016 the supervised operating hours will change for the above Children’s crossing. The supervised operating hours will be 8.15am – 9.00am and 3:15 – 4:00pm.

Yours sincerely
School Crossings Coordinator
9294 5780

IMPORTANT INFORMATION

CHANGES TO OPERATING HOURS OF PEDESTRIAN CROSSING ON PLYMOUTH RD, CROYDON HILLS AT GOOD SHEPHERD PRIMARY SCHOOL

At the start of Term 4, 3 Oct 2016 the supervised operating hours for the above light operated pedestrian crossing will change.

The new supervised operating hours are – 8.10am – 9.00am and 3.15pm to 4.05pm

Yours sincerely
School Crossings Coordinator, 9294 5780
These students received a ‘Student Award’ at Friday’s assembly – congratulations!

FSH – Samuel & Emily
FDR – Kade & Blake
FTC – Jonathan, Gabby & Will
FJO – Kane & Luisa
FKK – Jackson & Cooper
FGR – Evie & Heath
JJS – Aleisha & Darcy
JSY – Tom & Lara
JBJ – Bradley & Ava
JKS – Tyler & Sophie
JJC – Jessica & Tom
JLS – Payton & Luc
JMP – Anastasia & Alex
JJM – Ollie & Scarlett
MKU – Ryan & Natalie
MJT – Angus & Logan
MKL – James & Stephanie
MPB – Sienna & Martha
MRT – Jaidn & Chloe
MBB – Michael & Amy
MFP – Michael, Joel & Jacob
MAH – Matty, Abtin & Will
SDE – Grace & Ryan
SLK – Marie & Dylan
SLD – Jack, Breanna & Zac
SKF – Skyla, Grace & Toby

Keep up the great work!!

Monday 29th
Lily JJC, Alma JJM & Jai MPB

Tuesday 30th
Khai FDR

Yesterday
Matthew FSH & Alex MAH

Today
Aiden JJM & Emma JSY

Tomorrow
Daham JKS & Nathan MAH

Saturday 3rd September
Ruby FKK & Jake SLD

Sunday 4th September
Thomas JJM & Chloe SDS

Congratulations, hope all your wishes come true and you got some cool presents too!!

A reminder for Monday – make sure you wear your footy colours.
The AFL Roadshow coming to Croydon Hills for lots of fun activities. Go Pies!

JoKe TiMe!

What cows have no toes? Ones that are lactose!!
Thanks to Will MAH

Why did the cow cross the road? To go to the moooo-vies!!
Thanks Angela JJC

Why did the pig go to the supermarket? He was all out of mud!!
Thanks Olivia JBJ

How long did it take to get to the forest? Tree Hours!!
Thanks Ethan JLS

What mountain is the smartest? Mt Cleverest!!
Thanks Xavier JLS
Enviroweek is a flexible and adaptable national schools event. Aussie kids can take genuine action on waste, gardening, energy and health projects and see the immediate impact of positive everyday choices – for them, their school and our environment. Enviroweek is celebrated at the end of Term 3 and is a time to have fun, celebrate, showcase and engage others in positive change.

What is happening at Croydon Hills?

To celebrate Enviroweek the students at Croydon Hills Primary School are attending an incursion run by CERES, which is a Centre for Education and Research in Environmental Strategies. The incursions will run for 45 minutes and will show students the various ways they can be sustainable citizens.

<table>
<thead>
<tr>
<th>Date</th>
<th>Year Level</th>
<th>Incursion Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 12th Sept</td>
<td>Foundation</td>
<td>Power Rangers Explore basic concepts of energy, like how the food we eat turns into energy in our bodies.</td>
</tr>
<tr>
<td>Tuesday 13th Sept</td>
<td>Junior</td>
<td>Worms and Minibeasts Explore ways to process organic waste. Hunt for mini-beasts and learn about food webs and their importance to a healthy environment.</td>
</tr>
<tr>
<td>Wednesday 14th Sept</td>
<td>Middle</td>
<td>Environmental Solutions Students learn about their own personal impact on the natural environment and about the four main areas of sustainability – biodiversity, energy, waste and water.</td>
</tr>
<tr>
<td>Thursday 15th Sept</td>
<td>Senior</td>
<td>Environmental Solutions Students learn about their own personal impact on the natural environment and about the four main areas of sustainability – biodiversity, energy, waste and water.</td>
</tr>
</tbody>
</table>
Congratulations to all our teams! Some fantastic games and sportsmanship!

THANKS to ALL our parent helpers! A VERY special thanks to Liz and Derek for their help with the uniforms!

THANK YOU to our fantastic Year 6 coaches and media crew!

Telephone: 9725 1206  OSHC 9724 4514
RINGWOOD LITTLE ATHLETICS
REGISTRATION DAY

10th Sept 2016
1:30-3:00pm

COACH OF THE YEAR SILVER

- Season starts 8th October
- Ages 5 to 15 years old
- Come along to Rego Day and try some events

Hagenauer’s Reserve*
Elgar Road, Box Hill
* temporary venue while Proclamation Park redevelopment is underway

www.riac52.com.au
Visit our website for more details

LILYDALE EJAYS SOFTBALL CLUB
Looking for a sport to play? Something Local & Fun?
Come and Try Softball! – the sport for every member of the family
(boys/girls/mums/dads):
T-Ball - Age Under 10
Modified Softball - Age 10 +
Softball - Age 12 +
Seniors – social or competitive

From Beginners to the Elite, Softball is enjoyed by thousands of people, why not join them!!

For more information visit our website: www.ejayssoftball.org.au or facebook: facebook.com/ ejayssoftball/
Or Call Annette 0408 332 871 or Mark 0409 54 66 99

Saturday 3rd September
Norwood Secondary College 7:30pm
Byron Street, Ringwood
Adult $15 Cone $12 at the door
Book online and save!
Adults $15 Cone $10

The Anglican Parish of Croydon Hills & Wonga Park invites you to

Messy Church

It’s a once-a-month time of mega-fun with a theme, a talk and light dinner (food allergies taken into account if known).
It is a chance for the whole family to come together and explore the deeper things in life.

The next Messy Church is as follows:
Date: Sunday 11th September 2016 -
A Bleating Good time
Time: 5:00pm
Cost: A donation to help cover costs.
Where: St. James Anglican Church
21-23 Bemboka Road
Croydon Hills VIC 3136

For further details, please contact the Rev. Leroy Cooke on 9725-4043.
Looking forward to seeing you for our animal-based MESSY CHURCH!
Telephone: 9725 1206  OSHC 9724 4514

The Young Artists Community

The Young Artists Community is a place where children can experience a sense of creative flow, while feeling that they are part of a community that supports and nurtures them.

Children participate in group games that help them to experience a sense of community. They then have the opportunity to share their thoughts, feelings and ideas as they work together to develop individual and collaborative creative projects. This process helps children learn to relax, have fun and be at ease with themselves, as they develop self-awareness, leadership qualities and a greater sense of self worth.

Designed for children from Foundation to Grade 6.

Term: 4
1pm - 3:30pm on Saturday October 8, October 22, November 5, November 19, December 3 & December 22
Cost: $45 / $30 concession for casual sessions or $240 / $205 concession for 9 sessions
Venue: Warrandyte Community Centre. Bookings essential!
Info: www.theyoungartistscommunity.com or email info@theyoungartistscommunity.com
Contact: Naomi 0421 914 220 or Emily 0423 763 473

Naomi Williams (M.A. Arts Therapy) is a Creative Arts Therapist and Emily Tyson is a Behavioural Specialist, with a shared love of working with children.

LOST ON FRIDAY MORNING
26 AUGUST

Brand new prescription sunglasses – lost between Naar Maen Drive and Good Shepherd. No use to anyone else! If found please call Diana on 0417 036 362, or hand in to Good Shepherd front office.

FOR SALE: ONE TICKET TO THE 1PM STATE SCHOOLS SPECTACULAR SHOW ON SATURDAY 10TH SEPTEMBER.
NO LONGER NEED THE TICKET AS AM NOW PARTICIPATING.
PRICE: $40
IT IS IN THE LOWER ‘S’ SECTION AT HISENSE ARENA.
PLEASE EMAIL ME IF YOU WOULD LIKE TO PURCHASE THE TICKET:
KITCHING.LAURA@EDUMAIL.VIC.GOV.AU. FIRST IN, BEST DRESSED!

SHIAMAK CONFIDANCE

SYDNEY
IN THE AID OF MENTAL HEALTH FOUNDATION AUSTRALIA AND RESILIENCE AUSTRALIA
DATE: SUNDAY SEPTEMBER 25TH, 2016
VENUE: PARLIAMENT THEATRE, AUGUSTINIAN NUN, SYDNEY
TICKET SALES START FROM 1ST AUGUST ONWARDS
BOOK YOUR SEATS ON http://SHIAMAKCONFIDANCE.COM
CONTACT: 0499 888 115

SHIAMAK CONFIDANCE

MELBOURNE
IN THE AID OF MENTAL HEALTH FOUNDATION AUSTRALIA AND RESILIENCE AUSTRALIA
DATE: SUNDAY SEPTEMBER 18TH, 2016
VENUE: PARLIAMENT THEATRE, AUGUSTINIAN NUN, MELBOURNE
TICKET SALES START FROM 1ST AUGUST ONWARDS
BOOK YOUR SEATS ON http://SHIAMAKCONFIDANCE.COM
CONTACT: 0499 888 115

SYNCHRO SWIMMING

SCHOOL HOLIDAY PROGRAM

9-10.30am
21-23 September
@Aquation
EasternSirensSynchro@gmail.com