

PHYSICAL EDUCATION

Rationale

At Croydon Hills Primary School we provide a Physical Education program, which develops physical skills in co-operative and competitive situations. This program is part of the Physical Education and Health Key learning Area of VELs. Physical Education is concerned with supporting students to develop competence in making decisions and taking action to promote an active, healthy lifestyle. The acquisition of fine and gross motor skills is essential and related to performance in other curriculum areas.

Policy Statement

Physical Education aims to provide a skill development program, which allows all children :

- To develop and explore physical skills with increasing control and co-ordination;
- To work and play with others in a range of group situations;
- To develop the way children perform skills and apply rules and conventions for different activities;
- To use what they have learnt to improve the quality and control of their performance;
- To teach students to recognise and describe how their bodies feel during exercise and effective use of leisure time.
- To develop an understanding of how to succeed in a range of physical activities and how to evaluate their own success.
- To establish positive attitudes towards health and physical fitness.
- To develop Fundamental Motor Skills to enable the individual to function effectively and to enjoy participation in a range of physical recreational pursuits.

Implementation

At Croydon Hills Primary School the Health and Physical Education Key Learning Area is linked to the successful delivery of integrated units of work. In this way learning is connected and applies more to the real world. There is an emphasis of helping children to develop competence in making decisions and taking action to promote an active, healthy lifestyle.

Facets of the program include:

One hour per week with the PE Specialist

Platoon sessions – taken by the Level class teachers

Perceptual Motor Program (PMP) - Prep Year

Swimming program – Prep Year

Summer and Winter Interschool Sports – years 5/6

Team Vic Trials – Year 5/6

Hooptime Basketball competitions – Years 3 - 6

House Cross Country and House Athletics competition

District Cross Country, Swimming and Track & Field competitions

District Tennis and Cricket competitions

Specialised clinics on a variety of sports offered at each level

It is the expectation of all students in Years 3 – 6 to participate in the House Cross Country and House Athletics Sports. Year 6 students are expected to participate in Interschool Sport and are given first priority in selections, which takes place in Terms 1 & 2. The Year 5 students who are selected to fill in the remaining numbers in the given sports will be selected on merit.

Students are also given the opportunity to compete in the District Swimming Sports, District Tennis Competition, District Cross Country and District Track & Field. Successful Interschool Sports Teams will be given the opportunity to compete at a higher level in their respective sports.

Team Vic Trials

Talented students across Victoria have the opportunity to trial for a place in the School Sport Victoria (SSV) Team Vic state team and participate in annual School Sport Australia (SSA) Championships in Basketball, Football, Netball and Soccer. Students in Years 5 & 6 have the opportunity to participate. Selections are based on merit, not on year level. A Selection Panel, made up of teachers and skilled community members, will determine which students will be selected. Selections are based on a range of criteria and teachers will support students through this process in a effort to further improve personal understanding and resilience. Protocols have been established to provide a clear framework in which teachers, students and families can operate. They are designed to be clear, unambiguous and binding upon all members of the Croydon Hills community.

Hooptime Basketball Competition

It has been the choice of Croydon Hills PS to become involved in Hooptime Basketball because of the inclusion of most children and the learning experience gained from this competition. Team selections are based on merit and performance and the selectors and classroom teachers' decisions are final. Classroom teachers will consider the child's classroom performance before selection and it is the classroom teacher's decision as to whether the child should be a part of the competition. It is a fun day and caters for all ability levels.

Sporting Code of Conduct

Whenever children represent Croydon Hills Primary School in competitive sports, the emphasis for our students will be *"participation to the best of their ability, co-operation, teamwork and having fun."*

We always expect our students to:

- Try their hardest, to the best of their ability
- Display good sporting temperaments and manners
- Have fun when playing sport

Whenever representing our school community, both at school and at other venues, all students and adults who assist or watch them, are expected to abide by the following Code of Conduct.

Student Code of Behaviour

- Play for the "fun of it" and not just to please parents and coaches.
- Play by the rules.
- Never argue with an official. If you disagree, have your captain or coach approach the official during a break or after the game.
- Control your temper. Verbal abuse of officials or other players, deliberately fouling or provoking an opponent and throwing equipment is not acceptable or permitted in any sport.
- Work equally hard for yourself and your team. Your team's performance will benefit so will you.
- Treat all players as you would like to be treated. Do not interfere with, bully, or take unfair advantage of another player.
- Co-operate with your coach, team-mates and opponents. Without them there would be no game.

Parents/Spectators Code of Behaviour

- Students play organised sport for fun. They are not playing for the entertainment of spectators only, nor are they miniature professionals.
- Co-operate with the school to achieve the best outcome for your child
- Applaud good performance and efforts by your team AND the opponents. Congratulate both teams upon their performance regardless of the game's outcome.
- Respect the official's decision. If there is a disagreement, follow the appropriate procedure in order to question the decision and teach the children to do likewise.
- Never ridicule a player for making a mistake during a competition. Positive comments are motivating.
- Condemn the use of violence in any form, be it by spectators, coaches, officials or players.
- Show respect for your team's opponents. Without them there would be no game.
- Encourage players to play according to the rules and the officials' decisions.
- Demonstrate appropriate social behaviour by not using foul language, harassing players, coaches or officials.

These code of behaviour have been created by School Sport Victoria.

References:

Physical and sport education in implemented according to the guidelines set out in the Moneghetti Report (1994).

School Sport Victoria Codes of Behaviour

Review

As part of the school's cyclic process, the PE Policy will be reviewed by the Education Committee.